

Gujarat Cancer & Research Institute, Ahmedabad
Department of Pain & Palliative Medicine

A Basic Course in Palliative Care for Doctors and Nurses

Indian Association of Palliative Care is running certificated course in “Essentials of Palliative Care” for Doctors and nurses, in India. The course aims at improving the skills of healthcare professionals in India essentially in communicating with patients and controlling difficult symptoms. This program will be useful for all practicing doctors and nurses irrespective of whether they are interested in pursuing a career in palliative care or not.

The Gujarat Cancer and Research Institute announces this basic course, an “Essentials of Palliative Care” for **Doctors / Nurses. Palliative Care** is a comprehensive care for patients suffering from life limiting diseases like HIV/AIDS, Cancer, Kidney diseases, Neurological diseases & various end-stage conditions.

Course Outline

The Certificate Course in “Essentials of Palliative Care” has two components.

Part A: It is intended to build the theoretical base. It has eight weeks of distance learning program and introductory session in the beginning, followed by a contact session of 15 hours. There will be an evaluation at the end and candidates have to submit a Case reflection of a patient from their areas of work. The successful candidates will be awarded the Certificate in Essentials of Palliative Care.

Part B: It is a practical course of 10 days, having an clinical placement at a palliative care unit convenient to the candidate. The certificate awarded to candidate successfully completing this clinical component of the course will enable them to apply for license to stock and dispense oral morphine under the modified narcotics rules. Candidate willing to do Part B, has to enroll themselves, with any of the Palliative Care center, within one year of passing (In theory & Case reflection) Part A.

The course will be delivered by members of the National Faculty in Palliative Care through different centers in India. The course aims to empower the healthcare professionals in handling basic palliative care situations. The topics covered include

- Palliative Care – An Introduction
- Communication Skills & Psychological Issues
- Ethical & Spiritual Issues
- Management of Pain
- Management of Other Symptoms
- Palliative Care Emergencies & Common Conditions Requiring Palliative Care

- End of Life Care & Practical Issues Related to Death

Who all can apply?

Doctors who have successfully completed MBBS / BDS (including those doing their Internship) and Nurses with Diploma in Nursing / BSc Nursing can apply for this course.

This course will be a starting point for those interested in the care of the chronically / incurably ill, the bed ridden and the elderly. But any practicing doctor or nurse irrespective of the specialty are likely to benefit from this training to improve their clinical, communication and organizational skills

Course Fee

A heavily subsidized course fee Rs **2,800 for doctors and Rs 2000 for nurses** will be charged. This will cover the training fee, course material and examination fee. Expenses for travel to the contact sessions, examination and cost of accommodation during the sessions will have to be borne by the candidate. Registered candidates who are not able to write or failed in the examination will get one more chance without paying additional fee.

How to Apply?

The completed application forms with the fees in Cash in favor of **INDIAN ASSOCIATION OF PALLIATIVE CARE PAYABLE** at the department of Palliative Medicine room no 103 and proof of professional qualifications is to be submitted to the Co-ordinator of centre.

Important Dates for Nov 2018 batch

Last date for Submitting applications	Courses Starting on	Contact session Gujarat Cancer & Research Institute, Ahmedabad	Submission of Case Reflection	Evaluation & Exam
20 Oct 2019	01 Nov 2019	29,30 Nov and 1 Dec 2019	20 Dec 2019	4 th Jan 2019 11.00am to 1.00pm

Dr Priti Sanghavi
Prof & Head,
Contact (9 to 5) 9825420656
Email:priti.sanghavi@gcriindia.org

Dr Bhavna Patel
Associate Professor
Contact: 9428801755
Email:bhavna.patel@gcriindia.org

Dept of Pain & Palliative Medicine
Email: gcripalliative@gmail.com



Indian
Association of
Palliative
Care

Secretariat:

KOSISH - The Hospice,
Village: Obra,
P. S.: Pindrajhora, District: Bokaro, State:
Jharkhand,
PIN: 827013, INDIA.
Email: secretary@palliativecare.in
www.palliativecare.in

CERTIFICATE COURSE IN ESSENTIALS OF PALLIATIVE CARE

APPLICATION FORM

Course starting on 1st June 2019 & 1st Nov. 2019

Name (in BLOCK LETTERS): Dr./Mr./ Ms.

Permanent Address :.....
.....
.....

.....PIN:.....

Address for Communication(if different from above) :.....
.....
.....

Telephone No. :.....

Mobile No. :.....

E-mail:

Professional Qualification:

(Please attach photocopies of certificates; Originals to be produced for verification at the time of contact sessions)

Amount: Rs. 2800/- (Doctors), Rs. 2000/- (Nurses)

Application submitted through.....
.....(Name of the centre)
on

Signature of the Candidate:

For more information regarding the course, contact:
Chairperson, Board of Examiners, IAPC, Institute of Palliative Medicine,
Medical College PO, Calicut, Kerala, PIN- 673008
Email: academicsiapc@gmail.com Phone: + 91 9446039441

Department of Palliative Medicine, Gujarat Cancer & Research Institute
Ahmedabad, Gujarat

Contact : **Dr. Priti R. Sanghavi**
16 email: drpritisanghavi@gmail.com/ Mobile: 0 9825420656

Bangalore Baptist Hospital, Bellary Road, Hebbal, Bangalore 560024.

Contact: **Dr. Ravi Livingstone/ Dr. Amy Siew**
17 Email: palliative@bbh.org.in
Tel: (080) 22024395 Mobile: 9448496607

Harriet Benson Memorial Hospital, Lalitpur, Uttar Pradesh 284403

Contact: **Dr. Tony Bishwas**
18 email: ann@eha-health.org, lalitpur@eha-health.org/
Tel: 0 5176273230 / Mobile: 0 9598049658

CAPF, Composite Hospital, BSF, Tekanpur, Gwalior, MP-475005

Contact: **Dr. Savita Butola**
19 email: savitabutola@yahoo.com / Mobile: 0 9988996196

All India Institute of Medical Sciences, Sijua, Bhubaneswar- 751019, Odisha

Contact: **Prof. Sukdev Nayak**
20 email: sukdev.nayak@gmail.com/Tel : 0674-2476400

Ganga Prem Hospice, Punjab Sindh Kshetra, Kshetra Road, Rishikesh- 249201.
Dehradun District, Uttarakhand.

Contact: **Dr. Himanshu Aeran**
21 email: drhimanu@yahoo.com
Mobile: +91 9837063005

Lokmanya Medical Research Centre, Lokmanya Hospital, 314/B, TELCO Road,
Chinchwad,Pune 411033, Maharashtra, India.

Contact: **Dr.Pradeep Kulkarni**
22 email: contactlmrc@lmrc.in/innovativeppk@gmail.com
Mobile: 0 9823125524

Kosish, Vill.Obra, Thana : pindrajhora, District: Bokaro, Jharkhand

Contact: **Dr. Abhijit Dam**
23 email: ratuldam@yahoo.com/ Mobile: 0 8986872998

Sudharsana Palliative Care, Tiruchirappalli, 6A/7 First Main Road,
Ramalinganagar, Tiruchirappalli-03, Tamilnadu, Pin:620003

Contact : **Dr. T Mohanasundaram**
24 email: mohan.sudharsana@gmail / Mobile: +91 9345116599

Homi Bhabha Cancer Hospital and Research Centre (HBCHRC)A unit of Tata
Memorial Centre Aganampudi, Visakhapatnam 530053 Andhra Pradesh.

Contact: **Dr. Vidya Viswanath**
25 email: drvidya21@gmail.com/ Mobile: 09848498412

All India Institute of Medical Sciences, Patna, Phulwarisharif
Patna- 801507

Contact: **Dr. Umesh Kumar Bhadani**
email: umeshbhadani@gmail.com / Mobile: 08969169123

Contact: **Dr. Chandni Sinha**
26 email: chandni.doc@gmail.com / Mobile: 7250333148

All India Institute of Medical Sciences Rishikesh, Virbhadra Road, Rishikesh
Uttarakhand- 249 203

Contact : **Dr. Surekha Kishore**
27 email: surekhakishore@rediffmail.com / Mobile: 8475000258

State Cancer Institute, Bhangagarh, Guwahati, Assam 781007

Contact: **Dr. Arun Deka**
28 email : drarundeka25@gmail.com /
mobile : 98640-96265/7002833394

Department of Palliative Care, Narayana Superspeciality Hospital
120/1, Andul Road, Howrah, Kolkata, West Bengal 711103

Contact: **Dr Jyotirup Goswami**
29 email : jyotirup.goswami@gmail.com / Phone: 9903388063

Mahatma Gandhi Institute of Medical Sciences
Sevagram Road, Sevagram, Wardha, Maharashtra-442102

Contact: **Dr. Mona Rai**
30 email: monamona.raai@gmail.com / Phone - 9284235512

Balco Medical Center

Sector 36, Atal Nagar (naya Raipur), Post Office Uparwara, Near IIIT, Raipur,
Chattishgarh, Pin- 493661

Contact: **Dr Ashish Mazumdar**
31 email: ashishmazumar77@gmail.com
drashish.mazumdar@vedanta.co.in
Mobile: 9131835559, 9575389171

Indira Gandhi Institute of Medical Sciences, Patna-800014

Contact: **Dr. Vinod Kumar Verma**
32 email: drvinodv@gmail.com/ Mobile: 9473191825

MEDICA Cancer Hospital, Rangapani, Siliguri, West Bengal- 734434

Contact: **Dr. Saurav Guha**
33 email: drsauravguha@yahoo.com/ Phone: 9903156562

Department of Palliative Medicine and Supportive Care, Kasturba Medical
College & Hospital, Manipal

Contact: **Dr. Seema Rao**
34 email: seema.rao@manipal.edu / Mob: 9892336650

All India Institute of Medical Sciences, Basni Phase II, Jodhpur

Contact: **Dr Manoj Kamal**
35 email: geetamanoj007@yahoo.co.in / Mob: 9414084584

Department of Anaesthesia and Intensive Care, Government Medical College &
Hospital, Chandigarh, Sector 32, Chandigarh 160030

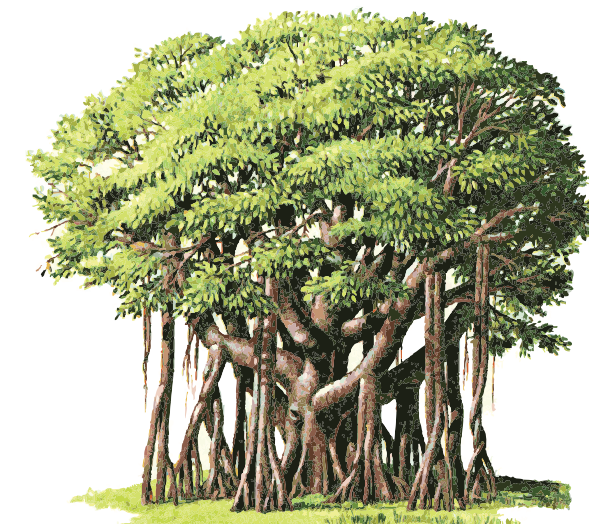
Contact: **Dr. Sukanya Mitra, M**
36 email: drsmitra12@yahoo.com / Mob: +91-9646121521

*Certificate Course in Essentials of Palliative Care is an Indian adaptation
of a similar course offered in UK and Nepal by the Princess Alice Hospice,
UK. Dr.Max Watson who developed the original course has been involved
in the 'Indianisation of the Course.*

For further information regarding the course, contact
Chairperson, Board of Examiners, IAPC
Institute of Palliative Medicine, Medical College, Kozhikode- 673008
email: academicsiapc@gmail.com
Phone: 9446693898. Website: www.palliativecare.in



CERTIFICATE COURSE IN ESSENTIALS OF PALLIATIVE CARE 2019



A Basic Course in Palliative Care for Doctors and Nurses

Eight Weeks of Learning at Home Through Distance Education

Fifteen Hours of Contact Session & Evaluation

Ten Days Clinical Placement (Optional)

Course delivered through various centres in India
Courses starting on 1st June 2019 & 1st November 2019

INDIAN ASSOCIATION OF PALLIATIVE CARE

Secretariat: KOSISH - The Hospice, Village: Obra,
P. S.: Pindrajhora, District: Bokaro, State: Jharkhand,
PIN: 827013, INDIA. Email: secretary@palliativecare.in
www.palliativecare.in

Indian Association of Palliative Care (IAPC) has been conducting Certificate Course in Essentials of Palliative Care (CCEPC) for Doctors and Nurses since 2007. This course aims to inculcate the principles of palliative care to improve patient care through proper communication and effective management of difficult symptoms. This program will help practising doctors and nurses in their day to day professional life.

Course Outline

CCEPC has two components. **Part A** and an optional **Part B**, Hands on Training in Palliative Care

Part A- consists of a contact session of 15 hours in the beginning followed by 8 weeks of distant learning. This will be followed by an evaluation consisting of theory examination and spotter examination. The candidates also have to submit a Reflective Case History (online submission), evaluated by National Faculty. Candidates successful in the theory and spotter examination and those who have secured pass grade in the Reflective Case History will be awarded the Certificate in Essentials of Palliative Care.

Part B, Hands on Training in Palliative Care - This is optional and consists of 10 days Hands on Training. This should be done at a palliative care unit authorized by IAPC to conduct Part B. At the end of the 10 days posting, the candidate has to submit a logbook duly attested by the mentor.

The certificate awarded to candidates who successfully complete the Hands on Training will enable them to apply for license to stock and dispense oral morphine under the Narcotic Drugs and Psychotropic Substances (NDPS) Act. Some of the centres may charge a nominal fee for the clinical placement in their units.

Course Content

- Introduction to Palliative Care
- Communication Skills
- Spirituality, Ethics in Medical Practice, Psychological Issues
- Management of Pain and other Symptoms
- Nursing Issues
- Palliative Care in HIV/AIDS
- Care of the Elderly and Paediatric Palliative Care
- Palliative Care Emergencies
- End of Life Care

Who all can apply?

Doctors who have successfully completed MBBS / BDS (including those doing their Internship) and Nurses with Diploma in Nursing/BSc Nursing.

Course Fee:

A heavily subsidized course fee of Rs 2800 for doctors and Rs 2000 for nurses will be charged. This will cover the training fee, course material and examination fee. Registered candidates who are not able to appear for the examination and those who do not clear the examination in the first attempt will get one more chance to appear in the examination without paying additional fees.

Course fee should be deposited in IAPC Bank Account. Cheque/Demand Draft/Cash will not be accepted. Deposit the amount in the bank account and attach the receipt with the application form.

Account details:

Name of the account: **Indian Association of Palliative Care**

Account number : **33808019294**

Bank: **State Bank of India**, Sector 4, City Center, Bokaro steel City.

IFSC Code: **SBIN0000246**

How to Apply?

The following documents to be submitted at the respective centres

1. The completed application form
2. Proof of professional qualification

Important Dates for 2019

Courses starting on	Last date for submitting applications	Evaluation
01 June 2019	30 April 2019	August 2019
01 Nov. 2019	30 Oct. 2019	January 2020

Centres for IAPC Course in 2019:

Palliative Care Clinic, Department of Radiotherapy, PGIMER. Chandigarh-160 012

Contact : **Dr. Sushmita Ghoshal**
1 email: rtsushmita@gmail.com / Mobile: 0 9914209394

Institute of Palliative Medicine, Medical College PO, Kozhikode, Kerala- 673008

Contact : **Ms. Alice Stella**
2 email: academicsiapc@gmail.com / Mobile: 09446039441

Amrita Institute of Medical Sciences & Research Centre, Edappally, Ponnekkara PO, Ernakulam, Kerala- 682041

Contact : **Dr. Charu Singh**
3 email: charusingh@aims.amrita.edu, drcharusingh@gmail.com
Tel: 0484 2853012 / Mobile: 09349255418

Department of Cancer Palliative Medicine, Malabar Cancer Centre, Moozhikkara PO, Thalassery, Kannur- 670103, Kerala

Contact: **Dr. Biji M. S.**
4 email: bijjims@gmail.com / Mobile: 09496048807

Jeevodaya Hospice, 1.272, Kamaraj Road, Mathur, Manali PO, Chennai- 600 068, Tamil Nadu

Contact : **Dr. Manjula Krishnaswamy**
5 email: jeevodayahospice@gmail.com
Tel: 044 2555 5565, 25559671

Lakshmi Pain and Palliative Care Trust, Lakshmi Sundaravadanan Hospital, 134, Poonamallee High Road, Chennai- 600 084

Contact : **Dr. Mallika Tiruvadanan**
6 email: lakshmipaincare@gmail.com/ Tel: +91 98410 22828

Palliative Care Unit, Cancer Institute (wia), (Next to NT Madras) 18, Sardar Patel Road, Guindy, Chennai - 600036

Contact : **Dr. Kalpana Balakrishnan**
7 email: kalpana.balakrishnan@gmail.com / Mobile : 09840158777

Department of Palliative Medicine, Kidwai Memorial Institute of Oncology, Dr. M. H. Marigowda Road, Bangalore, Karnataka- 560029

Contact : **Dr. Prabha Seshachar/ Ms. Saroja G.**
8 email: prabhasachar@yahoo.co.in, eopc.kidwai@yahoo.in
Tel: 080 26094100 / Mobile: 09845541020, 0 9448933497

Department of Palliative Medicine, Oncology Block (New), 2 Floor, St. John's Medical College & Hospital, Sarjapur Road, Bangalore- 560034

Contact : **Dr. Subhash Tarey**
9 email: ppcu.sjmch@gmail.com /Tel: 080 22065913, 22065925

Guwahati Pain and Palliative Care Society, Durganath Hemoprova Hazarika Memorial Palliative Care Clinic, Bhupan Road, Uzan Bazar, Guwahathi- 781001

Contact : **Dr. Dinesh Chandra Goswami**
10 email: goswamidcg@yahoo.co.in
Tel: 0361 2604943 / Mobile: 0 9864064070

Acharya Harihar Regional Cancer Centre, Department of Anaesthesiology & Pain and Palliative Care, Mangalabag, Cuttack, Odisha - 753007

Contact : **Dr. Sumita Mohanty**
11 email: dr_sumita2007@yahoo.com, ahrccpc@gmail.com
Mobile: 0 9437022633

Department of Anaesthesiology & Pain and Palliative Care, Room No- 242, 2 Floor, Dr. B.R.A Institute Rotary Cancer Hospital, All India Institute of Medical Sciences, New Delhi-110029

Contact : **Dr. Sushma Bhatnagar**
12 email: shumob@yahoo.com/ Mobile: 0 9811326453

Cipla Palliative Care Training Centre, 18/1, Off Mumbai - Bangalore Highway, Warje, Pune, Maharashtra - 411 058

Contact: **Dr. Vivek Nirabhavane**
13 email: drviveksn@gmail.com / Mobile: 0 9552775117

Bhagwan Mahaveer Cancer Hospital and Research Centre, Jawaharlal Nehru Marg, Jaipur, Rajasthan-302 017

Contact: **Dr. Anjum S. Khan Joad**
14 email: iapcjaipur@gmail.com/ anjumjoad@hotmail.com
Tel: 0141 2700107 / 2702120

Department of Pain and Palliative Care, MNJ Institute of Oncology & Regional Cancer Centre, Red Hills, Hyderabad- 500 004

Contact: **Ms. R. Vineela/ Dr. Gayatri Palat**
15 email: mnj.palliative@gmail.com/ Mobile: 0 91772 38901